**Local Wellness Policy Progress Report**

**School Name: Chittenango Central School District**

**Wellness Policy Contact: Wendy Swift wswift@chittenangoschools.org**

**Date Completed: July 2020**

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

**Nutrition Education and Promotion Goals**

| **District Wellness Policy Goals** | Other | **Fully in Place** | **Partially in Place** | **Not in Place** | **List steps that have been taken to implement goal and list challenges of implementation.** | **List next steps that will be taken to fully implement and/or expand on goal.** |
| --- | --- | --- | --- | --- | --- | --- |
| 1.*.Nutrition education is offered at the secondary levels as part of a sequential, comprehensive, standards based program designed to provide students with the knowledge and skills needed to promote good health* |  | x |  |  | Health materials in grades 5-8 and 9-12 utilized | Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies. |
| 2. Student involvement with food service staff at the middle school level |  | x |  |  | Students meet with the food Service director and Cook to discuss federal NSLP regulations and students assist in planning a week worth of menus. | Consider expanding to the high school and meeting with a student advisory committee. |
| 3. Include training for teachers and other staff. |  |  |  | x | No formal ongoing training in place | Consider training. |

**Physical Activity Goals**

| **District Wellness Policy Goals** | Other | **Fully in Place** | **Partially in Place** | **Not in Place** | **List steps that have been taken to implement goal and list challenges of implementation.** | **List next steps that will be taken to fully implement and/or expand on goal.** |
| --- | --- | --- | --- | --- | --- | --- |
| 1.Physical educations is taught by certified teachers |  | x |  |  | All PE teachers are certified |  |
| 2. Classroom teachers will not use excessive physical activity or withhold opportunities for physical activity as punishment. |  | x |  |  | Communicated to teachers at staff meeting |  |

**Nutrition Guidelines for All Food Available to Students**

| **District Wellness Policy Goals** | Other | **Fully in Place** | **Partially in Place** | **Not in Place** | **List steps that have been taken to implement goal and list challenges of implementation.** | **List next steps that will be taken to fully implement and/or expand on goal.** |
| --- | --- | --- | --- | --- | --- | --- |
| 1. See guidelines for the Health Hunger Free Kids Act |  | x |  |  |  |  |
| 2. Encourage all children to have breakfast, either at home or at school in order to meet nutritional needs. |  | x |  |  | Promote breakfast via newsletters and website information. | Review possibility of grab and go breakfast options at the middle and high school buildings. |

**Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)**

| **District Wellness Policy Goals** | Other | **Fully in Place** | **Partially in Place** | **Not in Place** | **List steps that have been taken to implement goal and list challenges of implementation.** | **List next steps that will be taken to fully implement and/or expand on goal.** |
| --- | --- | --- | --- | --- | --- | --- |
| 1.See guidelines for smart snack regulations |  | x |  |  | Review snack and beverage labels with OCM BOCES dietitian to insure they are Compliant | Continue to update bid spec’s |
|  |  |  |  |  |  | Review policy |

**Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.**

| **District Wellness Policy Goals** | **Other** | **Fully in Place** | **Partially in Place** | **Not in Place** | **List steps that have been taken to implement goal and list challenges of implementation.** | **List next steps that will be taken to fully implement and/or expand on goal.** |
| --- | --- | --- | --- | --- | --- | --- |
| 1 .Parents and teachers will be provided via the district website information about health snack options for birthday and classroom parties. Healthy options will be encourage by all administration. |  | x |  |  | Health party snack and fundraising ideas listed on website. |  |
| 2. Candy or unhealthy snacks will not be used in the classroom as a teaching tool. |  | x |  |  | Per wellness policy. Staff has been trained not to use food as a reward. |  |