

Chittenango Central School District School Counseling Program: Mission, Vision, Goals & Objectives

The Chittenango School District is situated 15 miles east of Syracuse, New York and occupies approximately 80 square miles primarily within the Town of Sullivan, Madison County. The school community has approximately 15,000 residents and the district serves approximately 1,910 students. Chittenango Central School District is comprised of two elementary schools (K-4), one middle School (5-8) and one high school (9-12). Bolivar Road Elementary School educates nearly 454 students, Bridgeport Elementary School welcomes approximately 213 students and both elementary schools have class size averages of approximately 20. Chittenango Middle School educates nearly 601 students in grades 5-8. Chittenango High School serves approximately 642 students in grades 9-12. The district has 34.5 % of students receiving Free or Reduced lunch. Site-based teams and PTA's are in each of the four buildings and district-wide Athletic and Music Booster Clubs work collectively to create a positive learning environment and enhance student achievement and success.

Mission Statement: The Chittenango Central School District believes that all students can learn and develop to their highest potential. Our mission is to provide an environment that encourages each student to succeed - intellectually, socially, and physically - with an emphasis on academics, communication skills, cultural literacy, current technology, life-long learning, life skills, social responsibility, and thinking skills. We strive for excellence in all we do.

Introduction: "Counseling is a process of helping people by assisting them in making decisions and changing behavior. School counselors work with all students, school staff, families and members of the community as an integral part of the education program. School counseling programs promote school success through a focus on academic achievement, prevention and intervention activities, advocacy and social/emotional and career development."

American School Counselor Association

The Chittenango Central School District school counseling plan provides a timeline/framework to demonstrate that our program is based on the standards developed by the American School Counselor Association for academic, personal/social and career development.

School Counseling Vision: In support of the district's mission and goals, school counselors are committed to providing a safe and accepting community that inspires self-direction, fosters mutual respect, and demands academic rigor. It is our goal to ensure that each student has the necessary tools to develop their unique abilities, to be a caring citizen, and a lifelong learner in our multicultural world.

School Counseling Objectives:

1. The Chittenango Central School district will provide students and families with the necessary information, assistance, and support to foster the development of personalized educational and career goals.

2. The Chittenango Central School district will assist any students who exhibit attendance, academic, behavioral or adjustment problems by continually monitoring the social-emotional well-being, personal safety, and academic progress of each student.

3. The Chittenango Central School district will pay special attention to students as they transition from one level to the next to help facilitate academic and social and emotional success at the next level.

4. The Chittenango Central School District will provide educational, career and higher education resources and support services to individual students and families to assist with student's academic success from one level to the next. The district strives to involve parents/guardians in their children's educational program.

5. The Chittenango Central School District will provide counseling support to all students identified as being in need of assistance and school counselors will conduct an annual review of each student's progress in grades 7-12.

6. The Chittenango Central School district will assist all students in selecting appropriate courses that fulfill all graduation requirements and college and career readiness goals.

7. The Chittenango Central School district will provide ongoing professional development to encourage counselors to learn and be able to provide up-to-date assistance to students and families.

Components of School Counseling Programs:

1. Individual Student Planning- School counselors provide the necessary monitoring of individual student's progress toward appropriate grade level goals and assist by providing:
 - Case Management- monitor individual student's progress
 - Individual Appraisal- use test information and other data to assist students in analyzing and evaluating their interests, skills, and abilities
 - Advisement- work directly with students to develop an appropriate educational plan
 - Annual Individual Progress Review- school counselors will conduct a review with each student in grades 7-12.

2. Responsive Services/Counseling- School counselors coordinate activities to meet the needs of students through:
 - Consultation- work with teachers, parents, and students to develop strategies to assist students
 - Personal counseling- students are able to explore feelings, ideas, and behaviors
 - Crisis counseling- intervention and prevention to address a particular serious concern or behavior
 - Referral- refer students and families to appropriate community agencies when needed

3. School Counseling Activities- appropriate grade level presentations to address academic, career development and personal/social-emotional needs of students K-12. These activities are delivered through:
 - Classroom activities- presented in classroom setting
 - Group activities- school counselors conduct groups at all levels to address particular student needs
 - Interdisciplinary activities- school counselors participate in teams to integrate career/college readiness components

Groups facilitated at the High School:

- Grief and Healing Group

- Leadership Group
- Apprenticeship/Mentor program
- Mentor program - 6th Graders are paired with Seniors

Groups facilitated at the Middle School:

- Peer lunch groups
- Grief and Healing Group
- Check and Connect Program
- Teen Esteem for Girls
- Buddy Program
- 6th grade Mentoring

Groups facilitated at the Elementary Schools:

- Social Skills
- Friendship/Conflict Resolution
- Lunch Groups
- Welcome/New student
- Second Step
- Emotional Regulation

4. System Support- consists of the management activities essential to the success of the school counseling program

- Professional Development- school counselors must update knowledge by participating in trainings, meetings, and conferences as resources allow
- Program Promotion- school counselors provide information regarding the program to the greater community through website information, newsletters, and presentations
- Consultation with Teachers and Staff- work with other school personnel to provide information regarding the needs of students to assist with student academic and personal/social success
- Parent and Community- school counselors provide ongoing information and support to the parents and community regarding topics relevant to a student needs

School counselors in the Chittenango Central School district are influential in assisting students with reaching educational, personal/social, career and post-secondary goals. We believe that in addition to their roles in counseling and collaboration, school counselors are **leaders, advocates and collaborators**. They are **leaders** by engaging in school-wide change to ensure student success. As **advocates**, school counselors remove barriers to academic achievement by teaching skills to students and helping students and parents navigate the school environment and access support systems. As **collaborators**, school counselors demonstrate that they share responsibility for student achievement and use local, regional and national data to support their programs.

Framework/Calendar of School Counseling services to achieve desired outcomes for Objectives 1-7

August	
	<p>Elementary:</p> <ul style="list-style-type: none"> ● Kindergarten Orientation ● Planning with Administrator ● Character Education Planning Meeting(s)
	<p>Middle:</p> <ul style="list-style-type: none"> ● Fifth Grade Orientation ● New Student Orientation ● Review records of newly registered students ● Contact previous districts to assess needs and confirm appropriate program ● Contact parents to arrange meeting and individual tour
	<p>High School:</p> <ul style="list-style-type: none"> ● New Student Registration and Orientation ● Freshmen Orientation Program ● Help students select classes ● Edit schedule requests for students for the upcoming year

September	
Academic/Career:	<p>Elementary:</p> <ul style="list-style-type: none"> ● Start to look at Career/Guidance Planner with K-2 students ● Gather volunteers for Peace Builder (PB) Groups ● Provide training and work on goal setting with PB groups, establish committees ● BESST Meetings: Review student data with teachers Weekly BESST meetings take place September - June ● CSE IEP/504 meetings as needed, September - June
	<p>Middle:</p> <ul style="list-style-type: none"> ● Grade Level meetings with teachers/teams ● Communicate 504 plans to teachers/staff ● BESST Meetings: Review student data with teachers Weekly BESST meetings take place September - June

	<ul style="list-style-type: none"> ● CSE IEP/504 meetings as needed, September - June
	<p>High School:</p> <ul style="list-style-type: none"> ● Senior meetings: review graduation requirements, discuss post-graduation plans/goals ● Classroom lessons - seniors (college planning) ● Schedule adjustments ● Provide case management for 504 students, including communicating information with staff 1q2awsedfy
Personal/Social/Safety	<p>Elementary:</p> <ul style="list-style-type: none"> ● Experienced Based Programming begins: Second Step (K-4) Lessons on Skills for Learning and Empathy ● Individual and Group Counseling, (September - June, all levels) ● New Student Welcome Groups ● Felicia the Flower - Feelings recognition pgm ● Kelso/Conflict Resolution ● Second Step Bullying Prevention pgm ● Open House ● Teacher Consultation about programs/concerns about individual students ● Character Education Meeting/Assemblies ● Expectation Stations (expected behavior school/bus) ● Power Pack Program - collections
	<p>Middle:</p> <ul style="list-style-type: none"> ● New Student Welcome Reception/Breakfast ● Obtain recommendations for 5 / 8 Buddy Program ● Crisis Team review meeting ● Mediation training/practice ● Monthly Admin/Counselor meeting (September - June) ● Appointments with new students to assist with transition ● Individual counseling sessions ● Begin Second Step Lessons 5 - 8
	<p>High:</p> <ul style="list-style-type: none"> ● SADD (Students Against Destructive Decisions) Club Fair ● Teen Intervene (Brief Screening & Intervention Model for substance abuse/use prevention) ● Individual counseling (September - June) ● Prevention counseling & assessment (September - June) ● Conflict resolution mediation (September - June) ● Weekly department/administration meetings to discuss student concerns (September - June) ● Crisis intervention and referrals to appropriate resources (September - June)

October	
Academic/Career:	<p>Elementary:</p> <ul style="list-style-type: none"> ● Continue to work with K-2 students Guidance/Career Planner ● Fire Safety Month - Fire Department visits ● Red Ribbon Week - Drug & Alcohol Prevention pgms ● Character Education meetings/assemblies
	<p>Middle:</p> <ul style="list-style-type: none"> ● Five week mid-semester reports ● Parent teacher conferences ● Weekly BESST meetings ● CSE meetings ● Monitor students academic progress and support as needed ● Contact parents regarding academic concerns
	<p>High:</p> <ul style="list-style-type: none"> ● Classroom presentations on PSAT ● Register students for PSAT ● Administer PSAT ● Advanced Placement informational presentations ● Career Fair ● Weekly college application support after school ● Financial Aid presentation to parents ● Meetings with students regarding 5-week reports/discuss strategies to improve grades
Personal/Social/Safety	<p>Elementary:</p> <ul style="list-style-type: none"> ● Second Step lessons ● LightHouse Meetings (K-2), Courageous Conversations (3-4) assembly (BPT) ● Power Pack Program - Assembly
	<p>Middle:</p> <ul style="list-style-type: none"> ● Peer Mediation sessions ● Peer Mediation class presentations grades 5 and 6 ● Social skills groups (5-8) ● Grief and Healing groups begin ● Referrals to agencies and consultations as needed ● Monthly admin/counselor meeting to address student concerns

	<p>High:</p> <ul style="list-style-type: none"> ● Evidence based programming begins 9th Grade Botvin's Life Skills classroom ● SADD (Traffic Safety Committee- Texting & Driving Assembly) ● Leadership Group begins (personal development for at-risk students)
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November	
Academic/Career	<p>Middle:</p> <ul style="list-style-type: none"> ● Academic counseling for students < 70 in core subjects ● Communication with parents regarding academic concerns ● Collaboration with staff to address student needs ● CSE meetings ● BESST meetings
	<p>High:</p> <ul style="list-style-type: none"> ● Weekly college application support after school ● Conduct Financial Aid Night ● Meet with seniors to complete college applications ● Meetings to discuss academic progress with students
Personal/Social/Safety	<p>Elementary:</p> <ul style="list-style-type: none"> ● Second Step lessons- transition into Emotion Management Unit ● Begin Holiday Service projects - Peace Builders ● Parent/Teacher Conference Day ● Buddy Lunch (BPT) ● Power Pack Program Distribution
	<p>Middle:</p> <ul style="list-style-type: none"> ● Recruit 8th students for Check and Connect (C&C) program ● Recruit staff volunteers for C&C program ● Buddy Program complete service learning project ● Grief and Healing groups ● Peer Mediations sessions ● Social skill building groups ● Referrals to agencies and consultation ● Admin/counselor meeting to address student concerns
	<p>High:</p> <ul style="list-style-type: none"> ● SADD Leadership Conference field trip

December	<p>Middle:</p> <ul style="list-style-type: none"> ● CSE meetings ● BESST meetings ● Check and Connect student support program ● Monitor student academic progress and follow up
Academic/Career:	<p>Elementary:</p> <ul style="list-style-type: none"> ● Continue to meet with PB committees/leadership groups
	<p>High:</p> <ul style="list-style-type: none"> ● Classroom and large group review of PSAT results and college planning ● Weekly college application support after school
Personal/Social/Safety	<p>Elementary:</p> <ul style="list-style-type: none"> ● Character Education program/assembly ● Continue Second Step lessons ● Buddy Lunch (BPT) ● Complete Holiday Service projects ● PB decorate holiday trees and collect canned food for local food pantry
	<p>Middle:</p> <ul style="list-style-type: none"> ● Buddy Program service learning project closing event ● Recruit 6th gr students for MS/HS Mentoring Program ● Peer Mediation sessions ● Grief and Healing groups ● Individual and group counseling sessions ● Admin/counselor meeting to address student concerns ● Communication with parents regarding concerns and supports ● Referrals and consultation with agencies
	<p>High:</p> <ul style="list-style-type: none"> ● SADD Service Learning project for whole school ● Recruit Seniors for Mentoring program with MS students

January	
Academic/Career:	<p>Elementary:</p> <ul style="list-style-type: none"> ● Third Grade Career Exploration Unit ● Study Skills/Test preparation groups Third & Fourth Grade
	<p>Middle:</p> <ul style="list-style-type: none"> ● Inform Semester 2 staff of 504 students/needs ● Follow-up with all students with academic concerns ● BESST meetings ● CSE meetings
	<p>High School:</p> <ul style="list-style-type: none"> ● Sophomore Class Presentations: Career Interest Inventory ● Assist with course selection
Personal/Social/Safety	<p>Elementary:</p> <ul style="list-style-type: none"> ● Second Step lessons ● Individual/Group counseling ● PB “Souper” Bowl - soup collection for local food pantry (BPT)
	<p>Middle:</p> <ul style="list-style-type: none"> ● Mentoring program begins (6th gr. students with HS students) ● Peer Mediation sessions ● Grief and Healing group ● Individual and group counseling sessions ● Admin/counselor meeting to address student concerns ● Referrals and consultation with agencies
	<p>High:</p> <ul style="list-style-type: none"> ● HS mentor training ● Weekly mentor meetings HS with MS students

February	
Academic/Career:	<p>Middle:</p> <ul style="list-style-type: none"> ● C&C program award presentation for academic improvement ● BESST meetings ● CSE meetings

	<ul style="list-style-type: none"> ● Monitor student academic progress and follow up
	<p>High:</p> <ul style="list-style-type: none"> ● Junior meetings with parents and students (college planning) ● Review post-graduation plans ● NAVIANCE review with Juniors ● Classroom presentations on college planning ● Incoming Freshmen Parent Curriculum Night
Personal/Social/Safety	<p>Elementary:</p> <ul style="list-style-type: none"> ● Love & Logic Parent program offered ● Share The Love (food collection)
	<p>Middle:</p> <ul style="list-style-type: none"> ● Weekly Mentor meetings HS and MS students ● Individual and group counseling ● Referrals and consultation with agencies ● Continued communication with parents to establish/maintain supports ● Admin/counseling meeting to address student concerns
	<p>High:</p> <ul style="list-style-type: none"> ● Weekly Mentor meetings HS with MS students

March	
Academic/Career:	<p>Elementary:</p> <ul style="list-style-type: none"> ● Facilitate workshop(s) for Drug Free Day at MS
	<p>Middle:</p> <ul style="list-style-type: none"> ● Prepare for 8th Grade program planning with HS counselors ● Obtain recommendations for HS courses ● Review 8th Grade course selection/follow-up student meetings ● BESST meetings ● CSE meetings ● Communication/conferences with parents to address concerns
	<p>High:</p> <ul style="list-style-type: none"> ● Presentations on NAVIANCE ● Freshmen Class Presentations: Strengths Finder ● Assist with course selections

Personal/Social/Safety	<p>Elementary:</p> <ul style="list-style-type: none"> ● Second Step lessons - Problem Solving Unit ● PB brain-storming for end of year projects (BPT) ● Love & Logic Parenting program
	<p>Middle:</p> <ul style="list-style-type: none"> ● Weekly Mentor meetings HS with MS students ● Grief and Healing group ● Recruit CIT volunteers for Children’s Summer Camp ● Drug Free Day for 5th Grade ● Admin/counselor meeting to address student concerns ● Individual and group counseling sessions ● Referrals/consultations with agencies
	<p>High:</p> <ul style="list-style-type: none"> ● SADD participates in 8th Grade Choices & Consequences program at MS ● SADD participates in 5th Grade Drug Free Day (MS) ● Weekly Mentor meetings HS with MS students

April	
Academic/Career:	<p>Elementary:</p> <ul style="list-style-type: none"> ● Fourth Grade Career Development Unit
	<p>Middle:</p> <ul style="list-style-type: none"> ● Proctor NYS ELA test (5-8) & make-up exams ● Monitor student academic progress and follow up ● Celebration of academic improvements awards presentation for Check and Connect Program ● BESST meetings ● CSE meetings
	<p>High:</p> <ul style="list-style-type: none"> ● Classroom presentations ● Career surveys with freshman ● NAVIANCE presentations
Personal/Social/Safety	<p>Elementary:</p> <ul style="list-style-type: none"> ● Complete Second Step lessons ● Kindergarten Screening for incoming K class - meet with students and present to parents about Counseling Program ● Begin Personal Safety lessons (K-4)

	<p>Middle:</p> <ul style="list-style-type: none"> • Weekly Mentor meetings HS with MS students and Zoo field trip • Grief & Healing group preparations for workshop/panel • Crisis Team Review Meeting • C&C program award presentation for academic improvement • Referrals for Summer Camp program • Referrals for Community Bike Give Away • Individual and group counseling • Admin/counselor meeting to address student concerns • Mediation referrals and sessions • Referrals/consultations with agencies
	<p>High:</p> <ul style="list-style-type: none"> • Alcohol Awareness Month activities for whole school • Weekly Mentor meetings HS with MS students

May	
Academic/Career:	<p>Elementary:</p> <ul style="list-style-type: none"> • Complete Guidance Planner with K-2 students • Kindergarten Screening (incoming students Bolivar) • Class placement meetings for upcoming school year
	<p>Middle:</p> <ul style="list-style-type: none"> • Proctor NYS Math test (5-8) & make-up exams • Proctor NYS Science Performance test (8th make-ups) • Academic progress monitoring and follow up • BESST meetings • CSE meetings
	<p>High:</p> <ul style="list-style-type: none"> • Administer AP exams • Individual academic review meetings
Personal/Social/Safety	<p>Elementary:</p> <ul style="list-style-type: none"> • Bridge to Kindergarten (BPT) meet with incoming K students • Middle School Transition Groups • Complete Second Step Groups
	<p>Middle:</p> <ul style="list-style-type: none"> • Mentoring Program and service learning project • 8th Grade Choices and Consequences Student conference day

	<ul style="list-style-type: none"> ● 4th Grade Orientation to the MS program (Daytime) ● Grief & Healing prep for workshop/panel discussion ● Referrals and consultations with agencies ● Individual and group counseling sessions ● Admin/counselor meetings to address student concerns ● Mediation referrals and sessions ● Communication/conferences with parents and follow up
	<p>High:</p> <ul style="list-style-type: none"> ● SADD organizes a Distracted Driving Assembly ● SADD Reaper Day (awareness event) ● Weekly Mentor meetings HS with MS students

June	
Academic/Career:	<p>Middle:</p> <ul style="list-style-type: none"> ● Proctor NYS Science written test (8th make-ups) ● BESST meetings ● CSE meetings ● Gold & Silver Awards Grades 5-7 ● Award night for 8th Graders ● Summer school registration ● Communication/conferences with parents and follow up ● Check and Connect celebration and awards
	<p>High:</p> <ul style="list-style-type: none"> ● Prepare for Regents exams ● Prepare for graduation ● Make schedule changes for up-coming year ● Summer school registration
Personal/Social/Safety	<p>Elementary:</p> <ul style="list-style-type: none"> ● Kindergarten celebration ● Fourth Grade celebration/recognition ceremony ● End of year Character Education assembly/celebration ● Buddy Lunch ● Peace Builder celebration
	<p>Middle:</p> <ul style="list-style-type: none"> ● Evening Orientation for 4th Grade students & parents ● Grief & Healing groups final meeting workshop/panel discussion for staff ● Mediation referrals and sessions ● End of year celebrations with each social skills group ● Referrals/consultations with agencies

	<ul style="list-style-type: none">• Closing individual counseling sessions
	High:
	<ul style="list-style-type: none">• Middle/High School Mentoring Memories Ceremony

School Counseling Plan: Accountability System

The Chittenango Central School district will regularly evaluate the effectiveness of the school counseling program by monitoring student achievement, behavioral referrals, social-emotional well-being, graduation rates, and other measures to assess how students are different as a result of the school counseling program. The school counseling program components will be reviewed through data analysis, program results and evaluation.

Data Analysis- The collection, analysis and reporting of data ensures that decisions about students are based on evidence. The use of data replaces subjectivity with objectivity and guides the school counselor in evaluating the program, planning for future activities, and providing on-going supports and services for students.

Program Results- School counselors will review the program to identify trends, areas of success and areas in need of improvement. This information will be shared with school personnel as needed and used to collaborate with those involved in helping students achieve success.

Evaluation and Improvement- School counselors will evaluate four components: School counselor's strengths and areas in need of improvement using the School Counselor Competencies Assessment, self-analysis of the school counseling program's strengths and areas in need of improvement, evaluation of the school counselor's performance using administrative review and review of the program objectives on a yearly basis.