

# Gluten Free Menu

# November 2017

Menu Subject to Change

Chittenango Central School District Is An Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sides should be chosen from regular school menu

1  
Hot Dog  
On Gluten Free  
Bun

2  
Turkey & Cheese  
Sandwich  
On Gluten Free  
Bun

3  
Gluten Free  
Pizza

6  
Hamburger  
On Gluten Free  
Bun

7  
Diced  
Chicken  
Chef Salad

8  
Ham & Cheese  
Melt  
On Gluten Free  
Bun

9  
Diced  
Chicken  
Chef Salad

10  
No School

13  
Parent/Teacher  
Conferences

14  
Diced  
Chicken  
Chef Salad

15  
Hot Dog  
On Gluten Free  
Bun

16  
Turkey & Cheese  
Sandwich  
On Gluten Free  
Bun  
½ Day K-6

17  
Gluten Free  
Pizza

20  
Hamburger  
On Gluten Free  
Bun

21  
Diced  
Chicken  
Chef Salad

22  
Thanksgiving  
Recess  
  
No  
School

23  
Thanksgiving  
Recess  
  
No  
School

24  
Thanksgiving  
Recess  
  
No  
School

27  
Hamburger  
On Gluten Free  
Bun

28  
Diced  
Chicken  
Chef Salad

29  
Hot Dog  
On Gluten Free  
Bun

30  
Turkey & Cheese  
Sandwich  
On Gluten Free  
Bun

## Please Pre-Order

To ensure your meal is ready at lunch time, please stop by the kitchen or call in advance to order your meal for the day

Bolivar 687-2888  
Bridgeport 687-2277  
Middle School 687-2811  
High School 687-2920

Other menu offering may be available.

Visit our website to print an application and to view menus.

[www.chittenangoschools.org](http://www.chittenangoschools.org)

Trivia:

Kale, spinach, and squash are all high in what main nutrient?